



Jumping Jargon



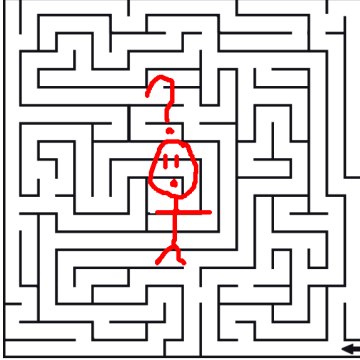





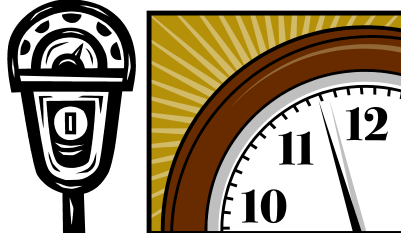

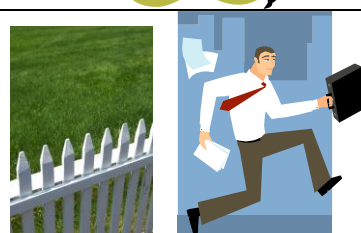
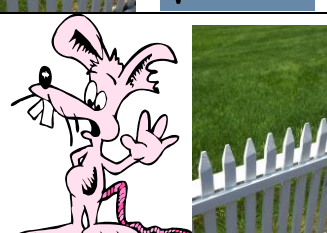
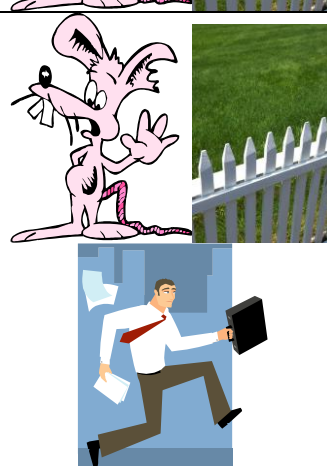

Name: _____







Date: _____







Name

Description

1.			Time allowed to complete the course: calculated from the course's length. It may change depending on the first three riders. This is the time it SHOULD take you to ride the course of jumps
2.			Twice the amount of the time allowed
3.			Not jumping the jumps in the correct order
4.			One jumping course.
5.			Exclusion from the rest of the rally

6.			Exclusion from <u>one</u> round.
7.			The measure of speed.
8.			When a rail gets knocked off the jump cups.
9.			When your mount runs around the jump
10.			When your mount stops in front of the jump.
11.			Refusal or runout.
12.			Hitting a horse on the legs so it will jump higher. Also called "poling"

13.			<p>Your hands stretch out the mount's head and neck so he can jump.</p>
14.			<p>Rider grabs the mane about 12" up the neck and holds until pony completes the jump.</p>
15.			<p>A strap around the horses neck grabbed by the rider for a basic (mane) release</p>
16.			<p>Same position as Basic Release, except do not grab mane. Both hands on neck, pressing down firmly.</p>
17.			<p>This is a crest release, but shorter distance up the neck. Gives more control. Used on verticals. DO NOT USE on spread jumps.</p>
18.			<p>Hands off neck. As pony's neck stretches, rider's hands stretch down and out as needed but still have contact.</p>

19.			<p>Letting the reins slip thru hands when on a drop jump, or when rider gets behind the motion.</p>
20.			<p>Dropping contact with horse at the wrong time before a jump. (surprises mount, may jump unbalanced or stop)</p>
21.			<p>The rider's hips are ahead of the pommel. (standing up and "perching") (Unsafe)</p>
22.			<p>The rider's center of balance is behind the horse's center of balance. (pulling on pony's mouth)</p>
23.			<p>The measure of points in stadium and cross country jumping.</p>
24.			<p>The width of a jump</p>

25.			Another name for "Two-point"
26.			The horse's roundness over a jump. Train for better bascule over descending oxers.
27.			Horse's back is straighter over the jump. Good for speed as in steeplechase.

Created by Shore Riders Pony Club, USPC Delmarva Region, 2010

